

TOTAL TAEKWONDO PRESTON

Safeguarding policy for adults

Policy Overview

Total Taekwondo is dedicated to ensuring the safety and well-being of all adult participants involved in our activities. This safeguarding policy outlines our commitment to protecting adults from harm and abuse. It provides guidance on recognizing, responding to, and reporting safeguarding concerns.

Club Welfare Officer

Christine Leivers Welfare Officer Contact: 07725-117277

Key Principles

1. **Respect and Dignity:** All adults have the right to be treated with respect and dignity, free from abuse, neglect, and exploitation.
2. **Empowerment:** Adults should be supported to make their own decisions and provided with the information they need to do so.
3. **Protection:** We will take appropriate action to protect adults who are at risk of harm.
4. **Prevention:** It is better to take action before harm occurs. We are committed to preventing abuse by raising awareness and providing training.
5. **Accountability:** We will ensure that our safeguarding procedures are followed and that individuals are held accountable for their actions.

Preventative Measures

1. **Safe Recruitment:** All staff and volunteers will undergo rigorous recruitment checks, including DBS checks, to ensure their suitability for working with adults at risk.
2. **Training and Education:** Regular training on safeguarding adults will be provided to all staff and volunteers to ensure they understand their responsibilities and can recognize and respond to signs of abuse.
3. **Code of Conduct:** All individuals in positions of trust must adhere to the club's Code of Conduct, which outlines acceptable and unacceptable behaviors.
4. **Environment:** We will create a safe and inclusive environment where adults feel secure and able to express any concerns they may have.

Types of Abuse

Adults may experience various types of abuse, including but not limited to:

- Physical abuse
- Emotional abuse
- Sexual abuse
- Financial or material abuse
- Neglect and acts of omission

- Discriminatory abuse
- Institutional abuse

Recognizing Signs of Abuse

It is crucial to be aware of the signs that an adult may be experiencing abuse. These can include:

- Unexplained injuries
- Changes in behavior or mood
- Fearfulness or anxiety
- Withdrawal from activities or social interactions
- Sudden financial difficulties

Reporting Concerns

1. **Immediate Action:** If you believe an adult is in immediate danger, contact emergency services immediately.
2. **Reporting to the Welfare Officer:** Any concerns regarding the welfare of an adult must be reported to the Club Welfare Officer, Christine Leivers, at 07725-117277.
3. **Confidentiality:** All concerns will be treated with the utmost confidentiality. Information will only be shared on a need-to-know basis to protect the adult at risk.

Response to Concerns

1. **Investigation:** All reported concerns will be taken seriously and investigated promptly and thoroughly by the Club Welfare Officer.
2. **Support for the Adult:** We will provide support to the adult at risk, ensuring they have access to necessary resources and support services.
3. **External Authorities:** If necessary, concerns will be referred to external authorities such as the police or adult social services.
4. **Disciplinary Action:** If an allegation against a staff member or volunteer is substantiated, appropriate disciplinary action will be taken, which may include termination of employment or volunteer status.

Monitoring and Review

This policy will be reviewed annually by the Club Welfare Officer and the club's management team to ensure it remains effective and up-to-date with current legislation and best practices.

Contact Information

For any concerns or questions regarding this policy, please contact:

Christine Leivers Welfare Officer Total Taekwondo Phone: 07725-117277

Approval and Adoption

This policy has been approved and adopted by the management of Total Taekwondo on 21st July 2024.

I confirm that I have read the Total Taekwondo Policy: Total Taekwondo Safeguarding Policy for Adults

Signature of Staff member / volunteer _____

Printed Name _____

Date _____

Signed on Behalf of Total Taekwondo

Date _____