

DAN GRADING REQUIREMENTS & CHECK LIST

CURRENT GRADE

KUP O DAN 0 1 0 2 0 3 0 4 0 5 0

This document is intended to track all additional requirements expected of candidates as they prepare for the Dan grading.

Candidates must adhere to the training syllabus and ensure they have full protective equipment for the Dan grading.

TCON numbers should be applied for by the candidate individually, as they are required for the examiner to process the Kukkiwon Certificate application.

| Candidates Surname: | | | | | | | | | | | | |
|--------------------------|--|--|--|--|--|--|--|--|--|--|--|--|
| Candidates First Name: | | | | | | | | | | | | |
| DOB: | | | | | | | | | | | | |
| Mobile Telephone Number: | | | | | | | | | | | | |
| Email Address: | | | | | | | | | | | | |
| TCON NUMBER: | | | | | | | | | | | | |

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CHECK LIST

Students must provide a copy of all previous certificates as part of the Dan grading application process, ensuring that their progression and achievements are properly documented. Additionally, candidates are required to attend the Corner Judging Course and the First Aid Course before the grading. These courses are essential for developing a comprehensive understanding of the responsibilities involved in Taekwondo competitions and ensuring that students are equipped with the necessary skills to handle emergency situations safely and effectively. Completion of these courses demonstrates a commitment to both the practical and safety aspects of the martial art.

| Kup And Dan Certificates (insert in folder) | KUP 1 2 3 4 5 6 7 8 9 DAN 1 2 3 4 5 5 |
|---|---------------------------------------|
| Dan Seminar | DATE attended |
| Written Statement | Statement included: |

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COACHING HOURS

As part of the criteria for the Dan grading application, students are required to complete coaching hours. However, these coaching hours must be conducted outside of the candidate's regular training class. The coaching should take place with beginner or intermediate classes, providing the candidate with an opportunity to mentor and guide less experienced students. This is an important aspect of the grading process, as it demonstrates the candidate's ability to teach, lead, and communicate effectively. To arrange these coaching hours, candidates should speak directly with their coach to schedule and confirm suitable times for coaching sessions.

| DATE attended | Hours | DATE attended | Hours |
|---------------|-------|---------------|-------|
| DATE attended | Hours | DATE attended | Hours |
| DATE attended | Hours | DATE attended | Hours |
| DATE attended | Hours | DATE attended | Hours |
| DATE attended | Hours | DATE attended | Hours |

TCON NUMBER

Apply for your TCON number here



DAN GRADE SYLLABUS

View the grading syllabus here



EQUIPMENT PURCHASE

Purchase eqipment here



GRADING BOOKING

Application fee to be paid here



